

THE BLVD NEXT LEVEL 2012 CORPORATE FAST

We are excited to announce THE BLVD 2012 Next Level Prayer Ministry. Our focus for 2012 is to come together for a time of powerful prayer for our families, church and city and an incredible season of prayer. Be prepared to commit to a **6:00AM – 6:00PM FAST** each Wednesday throughout 2012.

“Why must we fast?”

We are spiritual people engaged in spiritual warfare. Fasting combined with prayer and faith releases remarkable spiritual resources. In fasting you humble yourself before God, like you can in no other way. That is why fasting is often associated with repentance and brokenness and examining yourself with the Word of God. As a result, fasting becomes an act of worship to God. Fasting is a gift of yourself to God. You are seeking God’s face more fully so you may know. Your expectation is in God.

Fasting is self-discipline and not legalism; but for fasting *not* to be legalistic or become pious it must be done out of love and devotion to the Lord. Here are some practical principles that will assist you in fasting with the least number of distractions:

1. Plan your day with the fast in mind; particularly because we are fasting on Wednesdays from 6am-6pm. Please adjust your fast based on your medical conditions (i.e. medication that has to be taken with food – eat veggies only...)
2. Choose healthy food like vegetables, good protein and good carbohydrates.
3. Partner with another servant in prayer so you will have an accountability partner. Each week share the testimony with your partner and respond to this question: “What did God say to you?”

Scripture References for Fasting: Matthew 6:16-18, Matthew 9:14-15, Luke 18:9-14

Relation to Prayer and Reading of the Word: 1 Samuel 1:6-8, 17-18; Nehemiah 1:4; Daniel 9:3, 20; Joel 2:12; Luke 2:37; Acts 10:30; Acts 13:2.

Corporate Fasting: 1 Samuel 7:5-6, Ezra 8:21-23, Nehemiah 9:1-3, Joel 2:15-16, Jonah 3:5-10, Acts 27:33-37.

Join us for church wide prayer on Wednesday, January 18th and 25th from 6:00 p.m. to 6:45 p.m. in the Chapel.